



# Welcome to St. Mark's Chapel

*Open hearts, open minds, open doors*

8 a.m. Sunday, August 1, 2021

## The Tenth Sunday after Pentecost Holy Eucharist

### Welcome and Announcements

### Liturgy of the Word

BCP, page 323

*BCP – Red Book of Common Prayer, found in the pew.*

### Acclamation

BCP, page 323

*Presider:* Blessed be God: Father, Son, and Holy Spirit.

*All:* And blessed be his kingdom, now and for ever. Amen.

### The Collect for Purity

BCP, page 323

### The Gloria

BCP, page 324

### Collect of the Day

BCP, page 180

*All:* O Lord, we beseech thee, let thy continual pity cleanse and defend thy Church, and, because it cannot continue in safety without thy succor, preserve it evermore by thy help and goodness; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. Amen.

### First Reading

Exodus 16:2-4,9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the Lord said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not." Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the Lord, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.'" In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground.

When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat."

*Reader:* The Word of the Lord.      *People:* Thanks be to God.

**Psalm 78:23-29**

*Attendite, popule*

**BCP, page 696**

23 So he commanded the clouds above \*  
and opened the doors of heaven.  
24 He rained down manna upon them to eat \*  
and gave them grain from heaven.  
25 So mortals ate the bread of angels; \*  
he provided for them food enough.  
26 He caused the east wind to blow in the heavens \*  
and led out the south wind by his might.  
27 He rained down flesh upon them like dust \*  
and winged birds like the sand of the sea.  
28 He let it fall in the midst of their camp \*  
and round about their dwellings.  
29 So they ate and were well filled, \*  
for he gave them what they craved.

**Second Reading**

**Ephesians 4:1-16**

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

*Reader:* The Word of the Lord.      *People:* Thanks be to God.

## **Holy Gospel**

**John 6:24-35**

*Presider:* The Holy Gospel of our Lord Jesus Christ according to John.

*People:* **Glory be to thee, O Lord.**

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” Jesus answered them, “Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.” Then they said to him, “What must we do to perform the works of God?” Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” So they said to him, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.” They said to him, “Sir, give us this bread always.” Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

*Presider:* The Gospel of the Lord.      *People:* **Praise be to thee, O Christ.**

## **Sermon**

**The Rev. Brian D. Blayer**

## **Nicene Creed**

**BCP, page 326**

## **Prayers of the People Form III**

**BCP, page 387**

## **The Peace (please remain in your seat)**

**BCP, page 332**

## **Holy Communion**

### **The Offering**

### **Eucharistic Prayer II**

**BCP, page 340**

### **The Lord’s Prayer**

**BCP, page 336**

### **The Breaking of the Bread**

**BCP, page 337**

**Communion**

**Prayer of Thanksgiving (please stand)**

**BCP, page 339**

**Dismissal**

**BCP, page 340**

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### **Announcements:**

As you may be aware, the Centers for Disease Control (CDC) has updated its policy on masks. It recommends when indoors with large groups, even those vaccinated wear masks in areas where infections are on the rise. The main driver is the Delta Variant of the COVID virus which is behaving differently from previous strains. Medical professionals inform us that even those vaccinated can now transmit this variant to others.

So, while numbers are lower in CT we are now seeing increases among areas with lower vaccination rates. Both Franklin and Salem are now in the red zone and Andover is at orange level and Manchester and East Hampton now yellow. Cape Cod is entirely in the red zone and many in our region have been vacationing.

At St. Mark's we **STRONGLY ADVISE** wearing a mask. We have abided by policies and recommendations all year long and it has allowed us to continue many of our activities. Let's keep this spirit going and continue supporting each other through this latest inconvenience.

#### **STEEPLE CHASE RIDE/WALK**

**Saturday, August 21, 2021**

**St. Mark's has set up a team page!**

To Donate or Register visit:

<https://www.pledgereg.com/3778/Team/16097>

#### **SUNDAY, AUGUST 29<sup>th</sup>**

**Students are back at school!**

**Choir returns!**

**Sunday School begins!**

**Coffee Hour!**